

ALL DAY MENU

TOAST & HOUSE PRESERVES (3 SLICES)	10
sourdough, multigrain, fruit loaf, gluten free (df, v)	
EGGS YOUR WAY ON TOAST (2 SLICES)	15
poached, fried or scrambled (gfo, dfo, v)	
GRANOLA	18
vanilla yoghurt panna cotta, seasonal berries, kiwi fruit, passionfruit, strawberry jus (v, n)	
AVOCADO & PUMPKIN SMASH	25
chilli, persian feta, mint, almonds, vinocotto, pomegranate, sourdough (2) (gfo, dfo, v, veo, n)	
MEXICAN CHILLI SCRAMBLED	25
fried tortilla, salsa bandera, guacamole, sour cream, jalapeños (gfo, v)	
EGGS BENEDICT	26
smoked brisket, poached eggs, sautéed greens, hollandaise, potato hash (gfo, dfo)	
VEGGIE BREAKFAST	28
eggs your way, sautéed greens, mushrooms, balsamic roasted roma, potato hash, halloumi, sourdough (2) (gfo, dfo, v, veo)	
SANDBAR BIG BREAKFAST	28
eggs your way, bacon, pork & fennel, balsamic roasted roma, sautéed baby spinach, mushrooms, potato hash, sourdough toast (2) (gfo, dfo)	
MUSHROOM MEDLEY	25
summer truffles, baby spinach, grana padano, balsamic, sourdough (2) (gfo, dfo, v)	
TURKISH EGGS	26
flatbread, poached eggs, eggplant, cacik, paprika beurre noisette, fine herbs	
CHIMICHURRI ROAST CAULIFLOWER	27
rainbow salad, julienne of vegetables, rocket, cranberries, pepitas, pear, green goddess dressing (gf, df, ve)	
LEMON PEPPER CALAMARI	28
house salad, chips, chipotle mayo, lemon (gf, df)	
SMOKED BRISKET BURGER	26
american cheddar, dill pickle, tangy slaw, milk bun, chips, onion rings (gf, df)	
FISH & CHIPS	28
beer battered barramundi, salt & vinegar seasoning, house salad, chips, lemon, tartare (gfo, df)	
BUDDHA BOWL	25
pickled diakon & ginger, edamame, kimchi, cubed cucumber, broccoli, brown rice, avocado, sesame dressing, furikake (ve, gfo, df)	
TASMANIAN SMOKED SALMON	24
pickled fennel, orange, dill, fried capers, potato chips, beetroot & hendricks dressing (gf, df)	
TERIYAKI BEEF & PINEAPPLE KUSHIYAKI	27
japanese style skewers, crispy noodles, kimchi, furikake, ponzu, coconut (gf, df, n)	
HOMEMADE BEEF SAUSAGE ROLL OR SPINACH & RICOTTA ROLL (V)	20
chips, salad, tomato chilli relish	
HOT CHIPS, GARLIC MAYO & KETCHUP (V)	12



OPEN DAILY FROM 7AM

175B BEACONSFIELD PARADE,
MIDDLE PARK 3206

SANDWICHES & TOASTIES

HAM & CHEESE CROISSANT (V)	12
HAM, CHEESE & TOMATO TOASTIE (VO, GFO)	12
BREAKFAST TOASTIE	18
double egg & bacon, tasty cheese, relish	
TUNA MELT (GFO)	18
multigrain, mozzarella, spinach, tuna, mayo	
ATLANTIC SMOKED SALMON BAGEL	18
spinach, cream cheese, capers	
SHREDDED CHICKEN FOCCACIA	18
pesto, rocket, tasty cheese	
VEGGIE FOCCACIA (V)	18
roast pumpkin, rocket, sundried tomato, feta	

OPTIONAL EXTRAS

HOLLANDAISE (GF, V)	3
EGG (GF, V)	4
POTATO HASH (V)	5
BALSAMIC ROASTED ROMA (GF, VE)	5
THYME ROASTED MUSHROOMS (GF, VE)	5
FRESH AVOCADO (GF, VE)	5
HALLOUMI (GF, V)	5
SAUTÉED SPINACH (GF, VE)	5
BACON (GF)	6
PORK & FENNEL SAUSAGE (GF)	6
SMOKED SALMON (GF)	7
HOUSE SALAD (GF, VE)	7
SIDE CHIPS (V)	9

DIETARIES

GF Gluten Friendly	V Vegetarian	DF Dairy Free
GFO Gluten Friendly Option	VO Vegetarian Option	DFO Dairy Free Option
N Contains Nuts		

Please be aware that all care is taken when catering for special requirements. It must be noted that within the premises we handle nuts, seafood, shellfish, sesame seeds, wheat flour, eggs, fungi and dairy products. While customer requests will be catered for to the best of our ability, the decision to consume a meal is the responsibility of the diner.

All card transactions incur a 15% surcharge
In addition, on public holidays a 15% surcharge is applied to all food items

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COFFEE

Long, Short, Black, White / 4.8

Large / 5.5

Extra shot / 1

Bonsoy, Almond, Lactose Free Milk / 1

Oat, Coconut Milk / 1

Decaf / 1

Syrup / 1

Hot Chocolate / 4 / 5

Prana Chai / 5.2 / 6

Babycino / 2.5

T2 TEA / 5

English Breakfast

Earl Grey

Just Peppermint

Sensha Green

Green

Lemongrass & Ginger

Jasmine

Just Chamomile

Morning Sunshine

Packs a Peach

COLD DRINKS

Coke, Diet Coke, Coke No Sugar

Sprite, Fanta, Dry Ginger, Soda Water / 4

Lemon, Lime & Bitters / 4

Voss Mineral Water 375ml / 800ml | 6.5 / 11

Peach Iced Tea, Lemon Iced Tea, Green Iced Tea / 7

Healthy Soda - Pineapple, Lime & Mint/Raspberry &

Rose/Passionfruit, Peach & Berry/

Ginger, lemongrass & lime/ 9

Cold Pressed Juice - Orange, Watermelon or Apple / 9

Cold Pressed Juice - Green / 9

Mojo Pressed Juice - Orange/Tropical / 8

Coconut Water / 8

Powerade - Berry Ice, Mt. Blast / 7

ICED DRINKS / 7.5

Coffee, Chocolate, Caramel, Strawberry, Vanilla,

Lime, Blue Heaven

*served with ice cream

Fancy a cocktail? Ask to see the list!

PLEASE ORDER AND PAY AT THE COUNTER
DON'T FORGET TO QUOTE YOUR TABLE NUMBER!

Show us your best snaps!
@sandbarmiddlepark

ALCOHOLIC BEVERAGES

SPARKLING

Glass Bottle

Pizzini Prosecco, *king valley*

10.5 51

NV Chandon Brut, *yarra valley*

14 67

NV Veuve Clicquot, *france*

135

WHITE WINE

Glass Bottle

Rob Dolan True Colours Chardonnay, *yarra valley*

11.5 55

La La Land Pinot Gris, *murray darling*

11.5 55

Vickery Riesling, *eden valley*

12 56

Dusky Sounds Sauvignon Blanc, *marlborough*

12 56

Deakin Estate Moscato, *murray darling*

10 45

ROSE

Glass Bottle

Nick Spencer Rosé, *gundagai*

12 60

Artea Rosé, *france*

13 62

RED WINE

Glass Bottle

Rob Dolan 'True Colours' Pinot Noir, *yarra valley*

13 60

Smoking Barrels Single Vineyard Shiraz, *barossa valley*

12 56

St Hallet Garden of Eden Shiraz, *eden valley*

12 58

Mojo Cabernet Sauvignon, *mclaren vale*

11 51

Poggio Anima Sangiovese, *italy*

11 51

BEER / CIDER

Carlton Draught (on tap)

Peroni (on tap)

Corona

Cascade Premium Light

4 Pines Pacific Ale

4 Pines Pale Ale

Sunshine Apple Cider

Great Northern

Stone & Wood