

ALL DAY MENU

TOAST & HOUSE PRESERVES (3 SLICES)	10
sourdough, multigrain, fruit loaf, gluten free (df, v)	
EGGS YOUR WAY ON TOAST (2 SLICES)	15
poached, fried or scrambled (gfo, dfo, v)	
DR MARTY'S CRUMPETS (2)	12
toasted with butter & honey (v)	
BUTTERMILK PANCAKES	24
seasonal berries, maple syrup, vanilla bean ice cream (v)	
SUPERSEED PORRIDGE	18
oats, quinoa, chia, cinnamon, banana brûlée, blueberries, orange blossom honey salted pistachios, (v, veo, n)	
AVO SMASH	26
dukkah poached egg, chilli, persian feta, mint, sweet potato & cashew cream, sourdough (2) (v, veo, gfo, n)	
THE ATLANTIC	27
Dr Marty's crumpets, sautéed spinach, tasmanian smoked salmon, hollandaise, dill, lemon	
MEXICAN CHILLI SCRAMBLED	25
fried tortilla, salsa bandera, guacamole, sour cream, jalapeños (gfo, v)	
EGGS BENEDICT	26
smoked brisket, poached eggs, sautéed greens, chipotle hollandaise, potato hash (gf, dfo)	
SANDBAR BIG BREAKFAST	28
eggs your way, bacon, pork & fennel sausages, balsamic roasted roma, sautéed baby spinach, mushrooms, potato hash, sourdough toast (2) (gfo, dfo)	
VEGGIE BREAKFAST	28
eggs your way, sautéed greens, mushrooms, balsamic roasted roma, potato hash, halloumi, sourdough (2) (gfo, dfo, v, veo)	
TUSCAN BAKED EGGS	28
cannellini beans, pancetta, tomato, herbs, parmesan, piadina bread (vo, gfo)	
WARM TANDOORI PUMPKIN SALAD	27
quinoa, spinach, cranberry, pepitas, coconut raita, julienne vegetables, sweet potato crisps (gf, df, ve) add grilled chicken / 6	
LEMON PEPPER CALAMARI	28
rainbow salad, chips, garlic mayo, lemon (gf, df)	
CHEESE & BACON BURGER	27
american cheddar, grilled bacon, butter pickles, tangy slaw, milk bun, chips (gfo, dfo)	
FISH & CHIPS	28
beer battered barramundi, salt & vinegar seasoning, house salad, chips, lemon, tartare (gfo, df)	
BUDDHA BOWL	26
pickled daikon & ginger, edamame, kimchi, cubed cucumber, broccoli, brown rice, avocado, sesame dressing, furikake (ve, gfo, df) add grilled chicken / 6	
CHICKEN SOUVLAKI SKEWERS	27
smoky eggplant, tzatziki, tomato salsa, feta, garlic pita (gfo, dfo)	
HOT CHIPS, GARLIC MAYO & KETCHUP (V)	12



OPEN DAILY FROM 8AM

175B BEACONSFIELD PARADE,
MIDDLE PARK 3206

SANDWICHES & TOASTIES

HAM & CHEESE CROISSANT (V)	12
HAM, CHEESE & TOMATO TOASTIE (VO, GFO)	12
BEEF SAUSAGE ROLL	12
tomato sauce	
SPINACH & RICOTTA ROLL (V)	12
tomato sauce	
CHEESY TOAST (2 SLICES) (V, GFO)	16
sourdough, eggplant relish, cheddar cheese, mozzarella, parmesan	
BREAKFAST TOASTIE	18
double egg & bacon, tasty cheese, relish	
ATLANTIC SMOKED SALMON BAGEL	18
spinach, cream cheese, capers	
SHREDDED CHICKEN FOCACCIA	18
pesto, rocket, tasty cheese	

OPTIONAL EXTRAS

HOLLANDAISE (GF, V)	3
EGG (GF, V)	4
POTATO HASH (V)	5
BALSAMIC ROASTED ROMA (GF, VE)	5
THYME ROASTED MUSHROOMS (GF, VE)	5
FRESH AVOCADO (GF, VE)	5
HALLOUMI (GF, V)	5
SAUTÉED SPINACH (GF, VE)	5
BAKED BEANS (VE, GF)	5
BACON (GF)	6
PORK & FENNEL SAUSAGE (GF)	6
SMOKED SALMON (GF)	7
HOUSE SALAD (GF, VE)	6
SIDE CHIPS (V)	6

DIETARIES

GF Gluten Friendly	V Vegetarian	DF Dairy Free
GFO Gluten Friendly Option	VO Vegetarian Option	DFO Dairy Free Option
N Contains Nuts		

Please be aware that all care is taken when catering for special requirements. It must be noted that within the premises we handle nuts, seafood, shellfish, sesame seeds, wheat flour, eggs, fungi and dairy products. While customer requests will be catered for to the best of our ability, the decision to consume a meal is the responsibility of the diner.

Please note, a 10% surcharge applies on Sundays.
In addition, on public holidays a 15% surcharge applies.

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COFFEE

Long, Short, Black, White / 4.8
Large / 5.8
Extra shot / 1
Bonsoy, Almond, Lactose Free Milk / 1
Oat, Coconut Milk / 1
Decaf / 1
Syrup / 1
Hot Chocolate / 4 / 5
Prana Chai / 5.2 / 6
Babycino / 2.5

T2 TEA / 5

English Breakfast
Earl Grey
Just Peppermint
Sensha Green
Green
Lemongrass & Ginger
Jasmine
Just Chamomile
Morning Sunshine
Packs a Peach

COLD DRINKS

Coke, Diet Coke, Coke No Sugar, Sprite,
Fanta, Dry Ginger, Soda Water / 5
Lemon, Lime & Bitters / 5
Voss Mineral Water 375ml / 800ml | 7.5 / 12
Iced Tea / 7
Peach / Lemon / Green
Healthy Soda / 9
Pineapple, Lime & Mint / Ginger, lemongrass & lime
Raspberry & Rose Passionfruit / Peach & Berry
Cold Pressed Juice / 9
Orange / Watermelon / Apple / Green
Mojo Pressed Juice / 8
Orange / Tropical
Coconut Water / 8
Powerade / 8
Berry Ice / Mt. Blast

ICED DRINKS / 7.5

Coffee Vanilla
Chocolate Lime
Caramel Strawberry
Blue Heaven

*served with ice cream

ALCOHOLIC BEVERAGES

SPARKLING

Glass Bottle

Riddle Sparkling, <small>mclaren vale</small>	10.5	50
Pizzini Prosecco, <small>king valley</small>	12	56
NV Chandon Brut, <small>yarra valley</small>	15	72
NV Veuve Clicquot, <small>france</small>		140

WHITE WINE

Glass Bottle

Deakin Estate Moscato, <small>murray darling</small>	11	50
Vickery Riesling, <small>eden valley</small>	13	61
Wood Park 'Whitlands' Pinot Gris, <small>king valley</small>	12	56
La La Land Pinot Gris, <small>north west</small>	13	60
The Riddle Sauvignon Blanc, <small>mclaren vale</small>	11	50
Dusky Sounds Sauvignon Blanc, <small>marlborough</small>	13	60
The Riddle Chardonnay, <small>mclaren vale</small>	11	50
Rob Dolan True Colours Chardonnay, <small>yarra valley</small>	13	60

ROSE

Glass Bottle

Nick Spencer Rosé, <small>gundagai</small>	13	60
Artea Rosé, <small>france</small>	14	65

RED WINE

Glass Bottle

Rob Dolan 'True Colours' Pinot Noir, <small>yarra valley</small>	14	65
Riversdale Estate Scorpio Pinot Noir, <small>cambridge</small>	16	78
Poggio Anima Sangiovese, <small>italy</small>	12	56
Mojo Cabernet Sauvignon, <small>mclaren vale</small>	12	56
The Riddle Shiraz, <small>mclaren vale</small>	11	50
Smoking Barrels Single Vineyard Shiraz, <small>barossa valley</small>	13	61
St Hallet Garden of Eden Shiraz, <small>eden valley</small>	13	62
A T Richardson Chockstone Shiraz, <small>grampians</small>	16	78

BEER / CIDER

Carlton Draught (on tap)
Peroni (on tap)
Corona
4 Pines Pacific Ale
4 Pines Pale Ale
Great Northern
Stone & Wood
Cascade Premium Light
Heineken Zero
Sunshine Apple Cider

Fancy a cocktail?
Ask to see the list!

PLEASE ORDER AND PAY
AT THE COUNTER.

DON'T FORGET TO QUOTE
YOUR TABLE NUMBER!

Show us your best snaps!
@sandbarmiddlepark