

ALL DAY MENU

TOAST & HOUSE PRESERVES (3 SLICES)	10
sourdough, multigrain, fruit loaf, gluten free (df, v, veo)	
EGGS YOUR WAY ON TOAST (2 SLICES)	15
poached, fried or scrambled (gfo, dfo, v)	
BUTTERMILK PANCAKES	20
honey, sweet vanilla ricotta, seasonal berries (v) add vanilla ice cream / 3	
THE BREKKY BURGER	18
bacon, fried egg, mushroom, swiss cheese, relish, spinach (vo) add potato hash / 5	
SMASHED AVO BRUSCHETTA	26
tomato salsa, Persian feta, pepitas, basil pistou, poached egg, sourdough (2) (v, veo, gfo, n)	
THE ATLANTIC	26
Dr Marty's crumpets, smoked salmon, poached eggs, sautéed spinach, hollandaise, dill, lemon (gfo)	
CHILLI SCRAMBLED	26
Korean chilli paste, chorizo, sourdough, parmesan snow, fried shallots (vo, gfo)	
EGGS BENEDICT	26
smoked brisket, poached eggs, sautéed greens, chipotle hollandaise, potato hash (gf, dfo)	
GREEN & GRAIN	26
sautéed greens, tri quinoa, pumpkin purée, avocado, Persian feta, dukkah, poached egg (veo, gf, dfo)	
SANDBAR BIG BREAKFAST	28
eggs your way, bacon, pork & fennel sausages, roma tomatoes, sautéed baby spinach, mushrooms, potato hash, sourdough (2) (gfo, dfo)	
VEGGIE BREAKFAST	27
eggs your way, sautéed greens, mushrooms, roma tomatoes, potato hash, avocado, sourdough (2) (gfo, dfo, v, veo)	
CRISPY FRIED CALAMARI & TIGER PRAWNS	28
rainbow slaw, chips, sriracha mayo, lemon (gf, df)	
CHEESE & BACON BURGER	27
beef pattie, American cheddar, butter pickles, caramelised onion, relish, tomato, cos, milk bun, chips (gfo, dfo)	
BBQ BRISKET SANDWICH	27
toasted ciabatta, rocket, gruyère, chimichurri mayo, chips (gfo, dfo)	
FISH & CHIPS	28
beer battered barramundi, salt & vinegar seasoning, rainbow slaw, lemon, tartare (gfo, df)	
CHICKEN 'GODDESS' CAESAR	28
cos, poached egg, bacon, garlic croutons, anchovies, green goddess dressing, parmesan, grilled chicken breast (vo, gfo, dfo)	
SESAME PRAWN & GREEN MANGO SALAD	28
soba noodles, wombok, cherry tomatoes, cucumber sweet chilli, lime & coriander dressing (gf, df, n)	
BUDDHA BOWL	26
brown rice, broccoli, cucumber, avocado, pickled daikon & ginger, edamame, kimchi, sesame dressing, togarashi (ve, gfo, df) add grilled chicken / 6	
HOT CHIPS	12
honey mustard mayo, ketchup (gf, v, df)	



OPEN DAILY FROM 7AM

175B BEACONSFIELD PARADE,
MIDDLE PARK 3206

SAVOURY SNACKS

BANANA BREAD (V)	7
fresh or toasted, butter	
HAM & CHEESE CROISSANT (V)	12
HAM, CHEESE & TOMATO TOASTIE (VO, GFO)	12
BEEF SAUSAGE ROLL	12
tomato sauce	
SPINACH & RICOTTA ROLL (V)	12
tomato sauce	
ITALIAN STYLE TUNA BAGUETTE (GFO)	18
tomato, red onion, olives, herbs, mozzarella	
TANDOORI CHICKEN WRAP	18
baby spinach, feta, tomato, raita	
GRILLED CHICKEN CIABATTA (DFO, N)	18
avocado, tasty cheese, rocket, pesto add house salad or chips / 6	

OPTIONAL EXTRAS

HOLLANDAISE (GF, V)	3
EGG (GF, V)	4
POTATO HASH (V)	5
ROMA TOMATOES (GF, VE)	5
MUSHROOMS (GF, VE)	5
FRESH AVOCADO (GF, VE)	5
SAUTÉED SPINACH (GF, VE)	5
PERSIAN FETA (V)	5
BACON (GF)	6
PORK & FENNEL SAUSAGE (GF)	6
SMOKED SALMON (GF)	7
HOUSE SALAD (GF, VE)	6
SIDE CHIPS (V)	6

PLEASE ORDER AND PAY AT THE COUNTER.
DON'T FORGET TO QUOTE YOUR TABLE NUMBER!

DIETARIES

GF Gluten Friendly	V Vegetarian	DF Dairy Free
GFO Gluten Friendly Option	VO Vegetarian Option	DFO Dairy Free Option
N Contains Nuts	VEO Vegan Option	

Please be aware that all care is taken when catering for special requirements. It must be noted that within the premises we handle nuts, seafood, shellfish, sesame seeds, wheat flour, eggs, fungi and dairy products. While customer requests will be catered for to the best of our ability, the decision to consume a meal is the responsibility of the diner.

Please note, a 10% surcharge applies on Sundays.
15% surcharge applies on public holidays.

COFFEE

Long, Short, Black, White / 5
Large / 6
Extra shot / 1
Bonsoy, Almond, Lactose Free Milk / 1
Oat, Coconut Milk / 1
Decaf / 1
Syrup / 1
Hot Chocolate / 4.5 / 5.5
Prana Chai / 5.5 / 6.5
Babycino / 2.5

T2 TEA / 5

English Breakfast Green
Earl Grey Jasmine
Just Peppermint Just Chamomile
Sensha Green Packs a Peach
Lemongrass & Ginger

FIZZY DRINKS

Coke, Diet Coke, Coke No Sugar, Sprite,
Fanta, Dry Ginger, Soda Water / 6
Bundaberg Ginger Beer / 6
Lemon, Lime & Bitters / 6
Heal Thy Soda / 10
Pineapple, Lime & Mint / Ginger, Lemongrass & Lime
Raspberry & Rose / Passionfruit, Peach & Berry
Red Bull / 9
Original / Sugar Free / Tropical

JUICES & OTHER

Strange Love Mineral Water
35Oml / 7.5 | 75Oml / 12
Iced Tea / 7
Peach / Lemon
Cold Pressed Juice / 9
Orange / Apple
Nectar Cold Pressed Juice / 9
Green with Envy, Tropi Cool, Sweet Cheeks, Eagle Eye
Coconut Water / 8
Powerade / 8
Berry Ice / Mt. Blast

ICED DRINKS / 7.5

Coffee Vanilla
Chocolate Caramel
Strawberry Blue Heaven
Banana *served with ice cream

ALCOHOLIC BEVERAGES

SPARKLING	Glass	Bottle
Pizzini Prosecco, king valley	12	56
NV Chandon Brut, yarra valley	15	72
NV Veuve Clicquot, france		140

WHITE WINE	Glass	Bottle
Deakin Estate Moscato, murray darling	11	50
Vickery Riesling, eden valley	13	61
Wood Park 'Whitlands' Pinot Gris, king valley	12	56
La La Land Pinot Gris, north west	13	60
Dusky Sounds Sauvignon Blanc, marlborough	13	60
Rob Dolan True Colours Chardonnay, yarra valley	13	60

ROSE	Glass	Bottle
Nick Spencer Rosé, gundagai	13	60
Artea Rosé, france	14	65

RED WINE	Glass	Bottle
Rob Dolan 'True Colours' Pinot Noir, yarra valley	14	65
Riversdale Estate Scorpio Pinot Noir, cambridge	16	78
Poggio Anima Sangiovese, italy	12	56
Mojo Cabernet Sauvignon, mclaren vale	12	56
Smoking Barrels Single Vineyard Shiraz, barossa valley	13	61
St Hallet Garden of Eden Shiraz, eden valley	13	62
A T Richardson Chockstone Shiraz, grampians	16	78

BEER / CIDER
Carlton Draught (on tap)
Peroni (on tap)
Corona
4 Pines Pacific Ale
4 Pines Pale Ale
Great Northern
Stone & Wood
Cascade Premium Light
Heineken Zero
Sunshine Apple Cider

FANCY A COCKTAIL?
Blue Lagoon / 20
Dark n' Stormy / 20
Mojito / 21
Cosmopolitan / 20
Campari Spritz / 19
Aperol Spritz / 18
Mimosa / 13.5
Raspberry Gin Spritz / 21
Passionfruit Martini / 20
Lavender Gin Spritz / 22

NEW
LEMON LYCHEE
SPRITZ / 15

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WWW.SANDBARBEACHCAFE.COM.AU

@sandbarmiddlepark



\$14 KIDS MENU

Includes apple/orange popper juice or soft drink

Bacon & Eggs on Toast

Toasted Ham & Cheese Sandwich

Chicken Nuggets & Chips

Kids Sausage Roll & Chips

Kids Fish & Chips

Kids Pancakes
with vanilla ice cream, maple syrup
& rainbow sprinkles

